



CENTER FOR FAMILY SERVICES OF PALM BEACH COUNTY, INC.

From Our Family To Yours

This is my third newsletter as CEO. Every month seems to bring a new challenge, or two, that speaks to the vital importance of our mission.

First, there was COVID. We continue to rise to the occasion. Last month, it was the national upheaval following the death of George Floyd and the social unrest that followed. The consequences of both seem hell bent on hurting our families and community. There is no break. The structure of the vulnerable families we serve is, by necessity, inter-generational. Caring for an aging parent, putting food on the table, keeping a roof over their children's heads, and job loss or insecurity is the daily struggle. For our families, COVID only makes matters worse, more existential, bringing unimaginable levels of daily stress and duress, making their need for treatment essential.



This month, economic insecurity is foremost on everyone's minds as the political environment warms up and public school openings have been pushed back. For disadvantaged working families, not being able to send their child to school means lost wages, increased grocery costs, and heightened fear of losing one's child to the social pathologies that compete to derail struggling families.

Our mission is to strengthen families, which means we are busier than ever. It's an honor to do the work that is genuinely *essential*. We are the safety net that exists to catch children and families before they hit life's unforgiving rock bottom, or help them rebuild after they have.

Our budget is much like the budgets of our clients, it is stressed, but with your donations and support, we get through it together. We are able to serve our families because YOU put time and treasure in the service of the less fortunate. THANK YOU!

Our mission is dependent on the generous support of our donor families. We are doing our best to come up with COVID compliant fundraising alternatives because we need the money to serve and survive. Our Old Bags Luncheon nets 70% of our very necessary fundraising needs.

Part of being a leader is sharing unwelcome news early. The conservative efforts we are making to build a COVID compliant, alternative fundraising plan will leave us with a budgetary shortfall. And to make matters worse, while teletherapy is booming and client satisfaction is high, the funding for it is not as high. Your dollars matter, even more today.

We are taking steps to diversify our funding as our family grows to meet the community's needs. Our therapists provide a great public good. We treat and educate our most vulnerable population, those who are struggling the most. Philanthropy literally means the love of mankind. I hope you see the love for our families as philanthropically appealing.

As for your giving, I hope we warrant staying even. However, an increase to serve a family's needs and better their outcomes, is my daily prayer and work discipline. You are the best steward of where your philanthropy goes. For those who have given, or those who will give, thank you. With you in our corner, we are confident that Center for Family Services and the families we serve will get through this.

Please consider donating today.

Dr. Fabiana DesRosiers

Chief Executive Officer

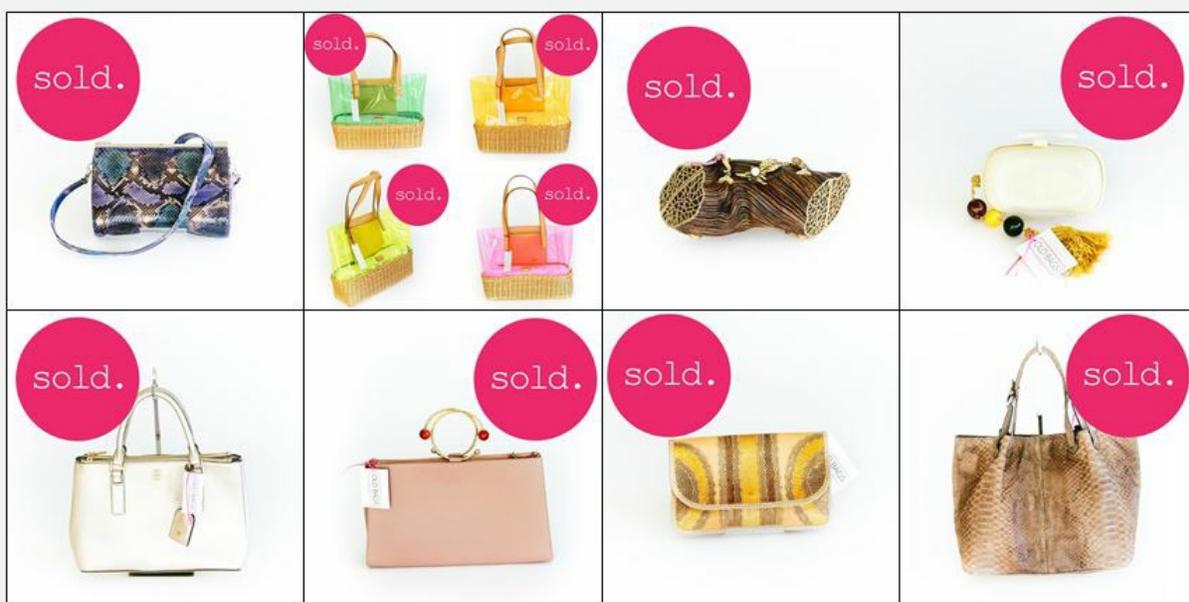
fdesrosiers@ctrfam.org

[Make A Donation](#)



Old Bags Luncheon *Pop-Up Shop*

The Old Bags Luncheon Pop-Up Shop was a wonderful success. Thank you to Pioneer Linens for hosting us on their website and to everyone who supported the event by purchasing a handbag. Stay tuned for details on the 2021 Old Bags Luncheon event, coming soon!



These, and more, were bags sold on our Pop-Up Shop this month!

Follow Old Bags Luncheon on Facebook and Instagram for more information!
#OBLPalmBeach



Prenatal Plus

Center for Family Services delivers counseling to expectant mothers through our Prenatal Plus Mental Health Services home visiting program. The Prenatal Plus program serves pregnant women who are at risk of having a low birth weight baby or other poor birth outcomes. The multidisciplinary team of professionals includes, a nurse, nutritionist and counselor.



Prenatal Plus helps mothers to understand that emotional health is a state of well being. Every woman experiences physical as well as emotional changes as her body adjusts to pregnancy. When an expectant mother feels well and contented, she is better able to cope with stress, maintain relationships and enjoy all aspects of life. A baby in the womb is affected by the mother's emotional health so taking care of her emotional health should be a priority. If you are pregnant and experiencing some of life's challenges, it is important to know that there is a member of the Prenatal Plus team who can help. Services are provided by bilingual counselors who speak English and Spanish or Creole. The Prenatal Plus program is available at no cost and is entirely funded by the Children's Services Council of Palm Beach County. To learn more, call our office today at 561-616-1222.



Our CPYC Clinical Supervisor, Altigracia Andre (Gracie), LMFT, graduated last month from the Rising Leaders training provided by Nonprofits First. This training helped Gracie to increase leadership knowledge and skills that are critical to coach and mentor clinicians that are facing different challenges related to delivering teletherapy in the middle of the pandemic. Gracie has been supporting her team members to continue to give their best despite of the difficulties of our

current social climate. Furthermore, Gracie has been forming and maintaining alliances with other providers in the community that are important for a consistent referral process. Gracie's knowledge of the CPYC program and the agency's services helps with the appropriate orientation and training of new therapists. Gracie stated that one of the positive experiences from Rising Leaders was to identify that her leadership style consists in advocating for herself and others. Congratulations Gracie!

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in the Amazon app to
generate donations.

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AmazonSmile customers can now support The Center for Family Services of Palm Beach County, Inc. in the Amazon shopping app on iOS and Android mobile phones! Simply follow these instructions to turn on AmazonSmile and start generating donations.

- 1. Open the Amazon Shopping app on your device*
- 2. Go into the main menu of the Amazon Shopping app and tap into 'Settings'*
- 3. Tap 'AmazonSmile' and follow the on-screen instructions to complete the process*

If you do not have the latest version of the Amazon Shopping app, update your app. [Click here for instructions.](#)



Center for Family Services has been providing mental health services and education to children and adults, individuals and families since 1961. Our clients are some of the most vulnerable in the community due to their age, gender, and socioeconomic status. Donations are a crucial means to their mental well-being. On their behalf, thank you for your support. To learn more about our programs, visit our website at ctrfam.org.

[Make A Donation](#)

